

Wasatch County Seniors Newsletter

465 E 1200 S Heber City, Utah—Open M-F 8:30 am—4:00 pm—Phone: (435) 654-4920

DECEMBER

2019

SPOTLIGHT

Marina A. Verden



I was born in Evergreen Park, Illinois on December 12, 1962. Attended William Howard Taft, where I sang in the chorus choir and participated in the pep club, graduated in June 1982.

I was a caregiver to my father, while he was sick until he passed on October 5, 2009. As of November 7th, I will be a breast cancer survivor for 10 years.

I was a cheerleader for the Gems from 2011-2017 and the Jewels from 2012-2017.

My family consists of one sister, Mary (55) and two

brothers, Michael (62), Matthew (45). I have three nieces, Kathryn (23), Stephanie (21), Olivia (13) and three nephews, Tommy (22), Johnny (14) and Nick (11).

I take care of two Chihuahuas, Maggie and Lola, who are sisters and 14 years old.

I have taken two cruises and have been to 26 out of the 50 states.

I enjoy reading books, doing crossword puzzles and playing games.

COUNTY ADVISORY BOARD 2019

- Chair: Jim Kohler
- Vice-Chair: Sidney Ellingford
- Secretary: Marcia Young

Regular Members: Sidney Ellingford, Steve Farrell (County Council Rep.), Jim Kohler, Raneva Lemon, Bonnie Mathews, Linda Middleton, Rick Tatton, Marcia Young

1st Alternate: Mary Johnson
2nd Alternate: Betty Brandner

Senior Center Department

- Center Director: Ashley Fish
- Food Services Manager: Cora Briggs
- Administrative Secretary: Tiffany Horrocks
- Activities Coordinator: Candie Bonner

SENIOR CENTER CORPORATE BOARD 2019

- President: Dennis Allen
- Vice-President: Perry Rose
- Past President: LaRee Pedro
- Secretary/Treasurer: Marvin Rust
- Historian: Carroll Lee Hicken

Directors: Dee Akerley, John Besendorfer, Inge Lis Djorsing, Betty Jones, Wayne White

From the Director's Desk

I often reflect on what I've learned in just the recent past - that I didn't know previously. We're constantly learning, aren't we?

Men and women's quest for knowledge and his/her innate curiosity about things are on-going. Just like using our physical bodies - to stay physically active, we use our minds, intellect and our emotional make-up to keep us alert and mentally charged.

Because our Senior Center is located adjacent to our County's Library, I often take time to observe those seniors who go in and out of the Library – many to check out reading material. One of our fellow seniors who resides here in our beautiful Valley (with whom I've been acquainted since our youth - going on sixty years now) informs me that he reads 2-3 books almost every week! I have great admiration and respect for him because of that. Remarkably, he also regularly volunteers and serves in the community, attends to his civic duties, his faith and family. I know there are others like my friend. I congratulate you for this.

I encourage us all to "stay active" in all aspects of our lives; mentally, physically, emotionally, spiritually, and the like.

As we close the end of yet another remarkable year, we wish each of you peace, happiness and good health. Here's to another forthcoming great year - 2020!

Cheers!

Ashley R. Fish

2020 Corporate Board

RESULTS
are in.....

Corporate Board Officers and Directors for 2020;

President – Perry Rose

Vice President/President Elect – Sandy Hansen

Past President – Dennis Allen

Secretary/Treasurer – Marvin Rust

Historian – Carroll Lee Hicken

3 yr. Director – Wayne White

2 yr. Director – Dee Akerley

2 yr. Director – Roy Daniels

1 yr. Director – John Besendorfer

1 yr. Director – Cheryl W. Jones

"We recognize and thank the following for their kind service as members of our advisory Boards:

- . Bonnie Mathews - 4 yrs. service - County Advisory Board Director
- . LaRee Pedro - 3 yrs. service - Corporate Advisory Board Officer
- . Betty Jones - 2 yrs. service - Corporate Advisory Board Director

Our best wishes and expression of appreciation to each of these fine women.

We wish each of them well."

To all Seniors...just a little info from the kitchen:

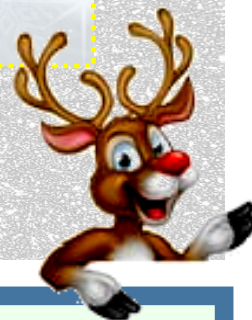
From all of us in the kitchen

To all of YOU

MERRY CHRISTMAS

and

A VERY HAPPY NEW YEAR!!



December Firesides

December 2: M & M's Band "Christmas" Concert

December 9: The Magalei Family "A Family Christmas"

December 16: Swiss Chorus and Bell Ringers (In Midway)



Meals on Wheels

Do you or someone that you care about need meals delivered to your home? The Meals on Wheels program is designed for those who are over the age of 60 years and homebound (do not drive). For more information about the Meals on Wheels program call Tiffany at the Senior Center.
435-654-4920

SPECIAL LUNCH PROGRAMS

Tuesday, Dec 3: Music by the TMS Choir

Thursday, Dec 5: Music by the TMS Orchestra

Tuesday, Dec 10: Music by the Daniel Elementary School

Thursday, Dec 12: Music by the Heber Valley Elementary Choir

Thursday, Dec 19: Music with Lorraine Branham & Heidi Burnard



FREE Piano classes on Thursdays at 9, 10 & 11 a.m. taught by

Christy Ackerson

**For an appointment
Call 801-864-6403**



MEDICARE

The end of Open Enrollment is coming up quickly. Open enrollment ends Saturday, December 7th. Our office will be closed on Friday the 6th and Saturday the 7th. I (Dawn Loper) will be working extended hours for the next two weeks, but the office is closed for the Thanksgiving holiday. I will also be out of the office Monday, December 2nd to help my family with Festival of Trees set-up. We encourage you to use the Plan Finder at: [medicare.gov](https://www.medicare.gov) to compare plans. One tip: when comparing plans, the automatic sort for the plans is by the lowest premium cost. That is not always the lowest price for you. You will need to change the sort to the lowest cost for plan premiums plus the cost of the drugs. In that way you will have a more accurate cost to compare. There is no "right" plan for everyone. The best plan for you is the one with the lowest cost, based on your medications. I will be taking calls during this time, but please do not leave a message. Usually I would return all messages within a day or so, but I have so many calls that I can not guarantee that I can return your call quickly. Just be persistent, and patient in calling. The Low Income Subsidy (LIS) program does not have any deadlines. It is open all year around to help Seniors with the costs of their prescription drugs. You can sign up online at: ssa.gov/extrahelp, or call me (after Open Enrollment) and I will assist with the application. There are income and asset levels that must be met, but those levels are higher than for many other programs, such as Medicaid. My number at Mountainland Association of Governments is 801-229-3819. I will not be in Wasatch County again until December 10th, which is after Open Enrollment closes.

DAWN LOPER

SHIP Medicare Counselor

801-229-3819

www.LoveYourLaterLife.org

Obituaries

Stephen Leon Gale

Born: February 19, 1948

Died: October 20, 2019

Married: Madeleine Moulton Gale

Juanita Ross Zenger

Born: August 3, 1925

Died: October 21, 2019

Married: Dean Lamont Zenger

Margery Mae Kiskadden Baum

Born: November 2, 1920

Died: October 21, 2019

Married: Thomas Baum & William Baum

James Merrit Remington

Born: March 9, 1931

Died: October 26, 2019

Married: Gay Remington

Launie Kay Mair

Born: November 13, 1962

Died: November 9, 2019

Married: Rusty Mair

Mildred "Gig" Clair Davis

Born: March 16, 1926

Died: November 11, 2019

Married: Rex "J" Davis

Ronald Boyd France

Born: November 28, 1930

Died: November 14, 2019

Married: Margo Gene Strasser France

William Bill Mair

Born: October 15, 1934

Died: November 3, 2019

Married: Susann Huntsman



Senior Book Club

This group meets at
**10:30 a.m. on the third
Thursday of each
month.**

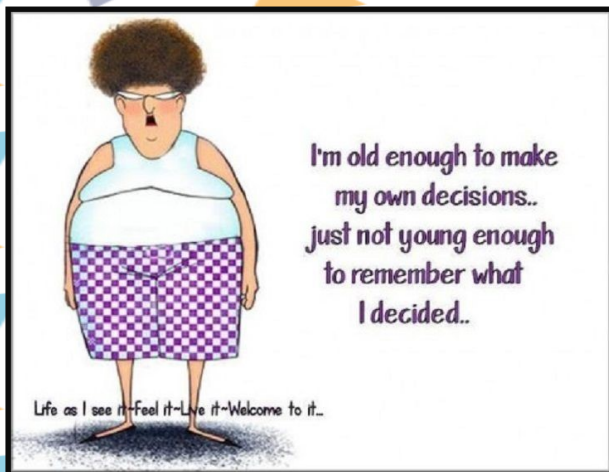
The next meeting will
be on December 19.

We are currently reading
Three Things About Elsie
by Joanna Cannon

Call the Senior Center
for more information
435-654-4920.



Senior Giggles



Happy Birthday

Mike Dorsey 1	Robert Pelton 12	Crystal Epler 18	Jeanine Moss 25
Laural North 1	Marina Verden 12	Merry Duggin 19	Sidney Ellingford 25
Laura Ribinsky 1	Joe Hokett 12	Janette Cimino 20	Mary Ann Campbell 26
Maurice Emerson 2	Arlene Chandler 14	Vera Smith 21	Mel Ryan 28
Claudette Jolly 4	Bill Price 14	Betty Brandner 22	Ashley Fish 28
Ann Clarke 4	Roy Kendall 14	Pam Casper 22	Sharon A. Spencer 29
Carol Davis 6	Cindy Bishop 14	David Waterman 22	Ted Schrader 29
Mary Ordway 7	Charles Jenkins 16	Annette Young 22	Larry Clark 29
Marcia Young 10	Jim Smedley 17	Katherine Courval 23	Carol Harvey 29
Kay Ryan 11	Doris Wolf 17	Kenneth Matsumoji 24	Jalaine Hicken 30
		Carol Nielson 24	Anthony Yacek 31



SOCK FEST
spread warmth

DONATE NEW SOCKS
in all sizes, styles & colors

Help us spread warmth this season by donating and collecting NEW socks in all sizes, styles and colors.
These socks will be donated to many local organizations in need.
Donations will be accepted November 1, 2019-January 16, 2020.

Donation Box Located inside the Senior Center



**WE'RE ON
FACEBOOK!**

**Wasatch Senior
Citizens Center**

Senior Treasure Table

The next dates are:

Tuesday, December 3rd until

Thursday, December 5th

Any questions please see Lynn Allen

Christmas Giggles



"Apparently there's no good or bad children anymore...only misunderstood!"



TRIPS & TOURS

To register call Candie @ 435-654-4920 (by the deadline) or sign up & pay at Senior Center. Payments must be made at time of signing up. Current paid members will receive first consideration if space is limited. In the event a trip time/ date needs to change we will let you know ASAP. Tickets & activities are non-refundable unless noted otherwise.

***NOTE: Unless otherwise noted you will be responsible to pay for your own meals while on day trips and/or tours.**

For costs and information on longer Bus Tours, Cruises, & International trips, check the Travel Table at the Senior Center.



Date:	Registration Deadline:	Cost:	Details:
Wednesday, December 4th	Nov. 25th	\$10	Festival Of Trees: Sandy
Saturday, December 7th	—	—	Ronnie Milsap: DeJoria Center, Kamas
Monday, December 9th	Dec. 9th	No Charge	Reflexology, Meditation, Yoga Class: Senior Center
Wednesday, December 11th	Dec. 10th	No Charge Lunch On Own	Laps, Laughs, Lunch: Park & Rec / Kneaders
Thursday, December 12th	Dec. 9th	No Charge	Festival Of Lights: Spanish Fork
Monday, December 16th	Dec. 13th	\$13	Luncheon: Hideout Steak House, Heber
Wednesday, December 18th	—	—	High Valley Arts "Elf": Midway Town Hall
Saturday, January 4th	Dec. 2nd	Adults: \$48 Kids (5-17): \$27 Lunch On Own	Seussical: Hale Theatre, Sandy (Grandkids Are Welcome)
Wednesday, January 8th	Jan. 6th	\$2 Lunch On Own	Luncheon: Mirror Lake Diner, Kamas
Wednesday, January 22nd	Jan. 21st	No Charge	Reflexology W/ Bridget: at Senior Center



Activities, Programs & Events

